

7 Day Full Canyon

To Finalize Your Trip Planning

- Review Trip Package Details and Reservation Policies
- Complete and return Required Paperwork - **due in one week**
- Book flights/shuttles/rental cars - planning to attend Orientation at 6 pm the day before trip date
- Make pre and post trip Hotel Reservations in Flagstaff, AZ

Trip Package Details

- **The 7 Day Full Canyon motorized river trip** covers the entire Grand Canyon from Lees Ferry to Pearce Ferry on Lake Mead, approximately 280 river miles. This trip does not require a major hike into or out of the canyon.
- **The Holiday Inn Express in Flagstaff, AZ is the meeting point** for your trip. Transportation to/from the river provided by *Canyoneers* departs and returns to this location.
- **Entrance Fees:** The National Park Service requires all rafting trip participants to pay the Grand Canyon National Park entrance fee - \$20 per person. (Persons under the age of 16 are exempt.)

Required Paperwork

Please complete and return the following forms to *Canyoneers* **within one week of initiating your reservation:**

Trip Registration Form

The Trip Registration Form collects contact and personal information, health & medical details, dietary and equipment needs, and payment information. Your signature is required in several places on this form including on the last page, **The Acknowledgement of Risk Form**. This form must be signed by **each individual** (or parent/guardian of each minor) and must be on file in our office to complete your reservation.

Entrance Fee Form

The National Park Service requires river rafting companies to collect the fee from all passengers beginning their trip in Flagstaff. We collect it in advance so we don't have to take the extra time when you arrive. An interagency pass ("**Annual Pass, Senior Pass, or Access Pass**") may be substituted for the fee. A photocopy of the pass (**front and back**) is required. If no copy of the pass is received, you will be charged the individual fee. The pass will admit the pass holder + 3 adults — not to exceed 4 adults. (Children under 16 are admitted free.) *Canyoneers* does not sell national park passes, but an Annual Pass can be obtained in person at the park, by calling 1.888.ASK USGS, ext 1, or online at <http://store.usgs.gov/pass>.

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## Reservation Policies

- \$400 of the \$500 per space deposit is refundable until 90 days prior to your trip date. The balance of the trip fare is due at this time; all payments are non-refundable after 90 days prior to the trip date.
- **The One Trip Per Year Rule:** The National Park Service has mandated that no recreational user may participate on more than one recreational river trip through any part of the Grand Canyon from Lees Ferry to Diamond Creek of the Colorado River within any given calendar year.

## Cancellation & Travel Insurance

If you have not done so, we highly recommend that you purchase the trip cancellation/ medical evacuation insurance provided by Travel Insurance Services. (Information is sent to you with your deposit receipt.) **Any cancellations within 90 days of the trip will result in loss of all monies paid.**

Last minute accidents and/or illnesses do occur, and the cost of the insurance is very reasonable. Please take time to read and evaluate the insurance information carefully. If you have specific questions regarding coverage, please call Travel Insurance Services direct at 800.937.1387 or visit their website at [www.travelinsuranceselect.com](http://www.travelinsuranceselect.com).

## Flights, Shuttles & Rental Car Options for getting to Flagstaff, AZ

### ~AIR SERVICE~

#### Major airports

**Sky Harbor International Airport** ~ Phoenix, AZ ~ 602.273.3300 ~ [www.phxskyharbor.com](http://www.phxskyharbor.com)

**McCarran Interntnal Airport** ~ Las Vegas, NV

#### Minor airports & air service

**Flagstaff Pullium Airport** (flights from Phoenix only) ~ Flagstaff, AZ ~ 928.213.2930

**American Airlines** (Phoenix to/fr Flagstaff) ~ 800.433.7300 ~ [www.aa.com](http://www.aa.com)

### ~SHUTTLE BUS SERVICE~

**Arizona Shuttle** (Phx to/fr Flag) ~ 800.888.2749 ~ [www.arizonashuttle.com](http://www.arizonashuttle.com)

**River Runner's Shuttle** (vehicle shuttle service) ~ 928.564.2194 ~ [www.rrshuttleservice.com](http://www.rrshuttleservice.com)

**Larson's Van Service** (charter shuttle to/fr Las Vegas) ~ 702.456.4791 ~ [www.larsonsvanservice.com](http://www.larsonsvanservice.com)

### ~RAIL SERVICE~

**Amtrak** (east-west passenger service) ~ 800.872.7245 ~ [www.amtrak.com](http://www.amtrak.com)

### ~RENTAL CARS & MILEAGE CHART~

Most national rental car agencies are available in Phoenix, Las Vegas, and Flagstaff.

- Phoenix to Flagstaff, 140 miles — approximately a 2 <sup>1/2</sup>-hour drive
- Las Vegas to Flagstaff, 245 miles — approximately a 4 <sup>1/2</sup>-hour drive
- Albuquerque to Flagstaff, 325 miles — approximately a 5-hour drive
- Los Angeles to Flagstaff, 490 miles — approximately an 8-hour drive

## Hotel Reservations

Canyoneers holds a block of rooms for the night of the orientation and the night of the return from the trip at the **Holiday Inn Express, 2320 E Lucky Lane, in Flagstaff**. The hotel is a 3 star facility and has many amenities including a heated indoor/outdoor pool, laundry facilities, and fitness center and is within walking distance to several very nice restaurants. Rooms have 2 queen beds and will sleep up to 4 people (roll-away beds are not available.) A few adjoining rooms are available. A complimentary buffet breakfast will be provided the morning of the trip.

We recommend you stay at this hotel as this is where we conduct the orientation and from where we depart early on the morning your trip begins. **Reservations need to be made well in advance as the hotel does sell out. Canyoneers will not make hotel reservations for you — please call the Flagstaff hotel direct.** Canyoneers has negotiated a special discounted rate available if you book at least 21 days prior to the trip date and reference Canyoneers.

## Hotel Reservation Policies

To access the negotiated room rate **individuals should contact the hotel directly using its local number 928.714.1000 (not the 800 reservation number)** and reference 'Canyoneers' at time of reservation. The Hotel will honor reservations received up to **21 days prior** to arrival date. Reservations received after this date will be subject to space availability and at prevailing room rates. Guarantee your reservations for late arrival in case of travel delays. Failure to cancel a guaranteed reservation by 3 pm on the day of arrival will result in a charge of one night's room and tax.

The Hotel's check in time is after 3 pm, and check out is by 11 am. Guests arriving prior to 3 pm will be accommodated as rooms become available.

## Vehicle & Luggage Storage at the Hotel

Luggage may be checked with the hotel, however, please do not leave anything of value in your luggage as it is stored in an unsecured room and we are uncertain as to who has access to it. A release form and tag are required and may be obtained from the orientation host. Each item stored must have a storage tag listing name, date of trip, and date of return. Luggage must be locked and or taped over latches. The hotel will not be responsible for any lost or stolen items.

Vehicles may be left in the parking lot of the hotel, but a fenced area is not available. Motorhomes, RVs, etc, require special permission from the hotel. Extra luggage may also be left in the trunk of your vehicle — please do not leave items inside in sight. The hotel will not be responsible for any theft or damage to the vehicle while parked or located on hotel premises.

Safety deposit boxes are available at the hotel for valuables, wallets, passports, etc., and we strongly recommend their use. (Purses and laptops will not fit in the safety deposit boxes and should be stored in your luggage.)

## Other hotels near the holiday inn express

|             |                 |              |
|-------------|-----------------|--------------|
| Quality Inn | 2500 Lucky Ln   | 928.226.7111 |
| Econo Lodge | 2480 Lucky Ln   | 928.774.7701 |
| Motel 6     | 2440 Lucky Ln   | 928.774.8756 |
| Ramada Inn  | 2350 E Lucky Ln | 928.779.3614 |
| Days Inn    | 2200 E Butler   | 928.779.6944 |

## RV parks in flagstaff

|                     |              |
|---------------------|--------------|
| Black Barts RV Park | 928.774.1912 |
| KOA                 | 928.526.9926 |
| J & H RV Park       | 928.526.1829 |
| Kit Carson RV Park  | 928.774.6993 |

## Orientation

A mandatory orientation will take place at the Holiday Inn Express at 6 pm the night prior to your river trip. The hotel front desk will tell you where the meeting will be held when you check in.

- Passengers must attend the orientation meeting the night prior to your trip date.
- **Please check your statement for the correct orientation and trip date.**
- Arizona is on **Mountain Standard Time** - AZ does observe daylight savings.
- The Holiday Inn Express is located at 2320 E Lucky Lane in Flagstaff.
- We will issue your equipment and demonstrate proper packing of your river gear and provide other valuable information at this meeting.

This meeting is very important and must not be missed unless absolutely necessary, so please plan to be on time. If you are going to arrive late for the orientation, due to circumstances beyond your control, please notify Canyoneers staff Monday through Friday, 8 am to 5 pm. Our office is closed on the weekends, but a manager is on duty both after hours and on weekends and can be reached by calling our office.

If you are unable to attend the orientation meeting (due to airline schedules, etc.), we will leave your dry bag (with instructions) with the front desk staff and they will assist obtaining your gear upon registration. If we have not heard from you by 6:30 am on the departure day, we will assume you are canceling and will not delay the departure. All gear must be packed and ready to go by 6 am the morning of departure.

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Transportation To/From the River

At 6:30 am on the morning of your trip date, passengers are transported to the launch site at Lees Ferry, where you will board the boats and begin the trip.

Passengers are returned to the Holiday Inn Express in Flagstaff at the end of the trip, arriving in the mid-late afternoon.

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## Weather

April and early May trips are usually very pleasant. Spring rains are not common, but they are possible and would lower the temperatures cooler than normal. June, July, & August are the hottest months. Monsoons occur in July and August — sometimes starting in late June and lasting into early September.

The clothing list should be followed to be sure that you are prepared for any possible weather situation. (Yes! Fleece should be brought even if expecting hot temperatures!) Rainsuits are used for keeping you dry when going through the rapids as much, if not more, than for occasional rainstorms.

### Average Summer Temperatures

|             |                 |                 |
|-------------|-----------------|-----------------|
| April       | days 60°-80°F   | nights 30°-55°F |
| May         | days 70°-90°F   | nights 50°-70°F |
| June        | days 80°-105°F  | nights 70°-90°F |
| July/August | days 100°-115°F | nights 70°-90°F |
| September   | days 70°-90°F   | nights 50°-60°F |

## Packing Details

- The items listed below are **recommended** for your comfort. Temperatures can change quickly in the canyon, **so base your quantities and styles on your own comfort level**. Fleece and rainsuits are necessary — even in July & August. The water in the river is very cold (approx 48°) year-round, and monsoons (summer storms with heavy rain/cold wind) are common in late June until early September. We want you to be prepared with proper clothing in the event of any weather type
- In the canyon's desert environment, mosquitoes and other flying insects are usually not a problem.
- Insect repellent can be brought if desired. If you are allergic to stings, or food(s), you should bring two anaphylactic kit/epi pens.
- We do not permit firearms, pets or recreational drugs on our trips.

## What to Bring

### clothing

#### select quick drying fabrics

- ✓ T-shirts or lightweight cotton shirts
- ✓ nylon or quick drying shorts
- ✓ lightweight long pants (zip off legs are great)
- ✓ lightweight long sleeve shirts
- ✓ sarong
- ✓ swimsuits (2 piece for women works best)
- ✓ long sleeve fleece top\* (pullover or jacket)
- ✓ sturdy rainsuit or rainjacket - NO ponchos
- ✓ full brimmed hat with strap or hat leash \*
- ✓ (optional) noncotton long underwear (top & bottom)
- ✓ (optional) underclothes & sleepwear

### If your trip is in April, add these items

- ✓ additional long sleeved fleece top
- ✓ fleece pants
- ✓ wool or fleece stocking cap & gloves

### footwear

- ✓ recreational sports sandal/river shoe (closed toe best or fast drying deck or tennis shoe- sturdy flip flops are great for camp only)
- ✓ socks (optional)

### toiletries & misc gear

- ✓ personal toiletries (travel size)
- ✓ lip balm & moisturizing lotion or cream \*
- ✓ premoistened towelettes (travel size hand wipes)
- ✓ biodegradable soap \*
- ✓ sunscreen (a MUST!)
- ✓ two 1 liter Nalgene water bottles \* OR camelpack hydration system + one 1 liter Nalgene water bottle
- ✓ sunglasses & glasses retainer \*
- ✓ camp towel (light weight/quick dry)
- ✓ pillowcase (to fill with clothing for pillow)
- ✓ camera & spare batteries
- ✓ flashlight or headlamp & spare batteries
- ✓ ziplock bags & heavy-duty trash bags (keeps things separate, contained, dry, and sand out!)
- ✓ a small lightweight duffel/gym bag<sup>2</sup> or laundry bag to transfer belongings out of drybag at end of trip. (Duffel is stored in the bottom of the drybag while on the river.)

### other optional items

- ✓ a small fanny pack (capable of holding a water bottle for day hikes)
- ✓ small drybag & carabiner \* (provides access to some clothing/gear during the day)
- ✓ Grand Canyon River Guide \*
- ✓ twin size sheet (to cover with if sleeping on top of sleeping bag)

\* Denotes items sold in our retail supply catalog (please download from our website)

## Equipment We Supply

### drybag

A waterproof drybag (approx 26H x 16Diam once properly closed) will be provided at the orientation meeting to each passenger to keep clothing and sleeping bag dry while on the river. The drybag is a soft, pliable bag and will provide sufficient room for the clothing list we recommend you bring and the sleeping bag. During the day, you will not have access to the dry bag or its contents. Due to space restrictions, no additional drybags may be taken. **Passengers must use the drybags Canyoneers supplies.**

### ammo can

Provided for toiletry items, sunscreen, extra film, medication, etc. We recommend putting these items in small ziplock bags. The ammo can is approximately 12x7x6.

### Life jacket

US Coast Guard approved class V life jackets

### camp chairs

Canyoneers provides camp chairs (with legs) on our trips.

### sleeping bag

Sleeping bags are provided for passengers on the partial canyon trips. They are a light to medium weight bag. The sleeping bag will be packed (in addition to your personal belongings) in the dry bag issued to you at the orientation meeting.

## Electronic Equipment

Cell phones do not work within the canyon, and there is no electricity available on the trip for recharging of batteries. Because of the chance of damage by sand or water, Canyoneers recommends leaving expensive electronic equipment at home. If you choose to bring expensive photographic equipment, be sure to have a waterproof case. Please note that Canyoneers will not be responsible for damage to equipment if brought on the trip.

## Optional Additional Storage

Space is limited, so the only additional storage allowed is a small mini drybag (maximum size 10"x15") that can be used to store your rainsuit and other small items. For easier access during the day, a sturdy metal carabiner is needed to attach your mini bag to the boat. The mini drybag and carabiner set is sold in the River Trip Supply Catalog or you can purchase one at most sporting goods stores.

## sleeping pad, tent & ground sheet

Our Therm-a-rest Base Camp inflatable sleeping pad measurements are 77"x25"x2". We suggest you use our pads rather than bringing your own simply for ease of storage and because space is limited. Air mattresses take too much time to fill and empty to be worthwhile — we recommend you do not bring them. The Therm-a-rest pad will be packed into the dry bag issued to you at the orientation along with a ground tarp. The ground tarp may be used under your sleeping bag if you wish to sleep under the stars rather than in a tent.

A tent will be assigned to each trip participant/couple. The tents are dome tents with a bottom and a zip closure. They sleep two comfortably. If you are traveling alone, you may have a tent to yourself — please request ahead of time so we are sure to have plenty. Your Guides will provide instructions/demonstrate how to set up your tent.

During the hotter months, it is recommended that you bring a twin-size sheet to use for cover if wishing to sleep on top of the sleeping bag.

Pillows take too much room, so bring a pillowcase to fill with clothing instead, or purchase the small pocket pillow listed in our River Trip Supply catalog.

## Meals & Special Diets

The big western outdoor meals that have been traditional with Canyoneers have gotten even better over the years. Although we are not able to cater to personal dietary likes and dislikes, our menu does provide healthy, hearty, balanced meals that include a variety of fresh fruits and vegetables, beef, chicken, pork, fish, cheeses, salads, snacks, and sumptuous desserts. Please contact us if you would like to review a sample menu. We are able to accommodate vegetarians on our trips. Just complete our Medical Form (**send well in advance**) so we know whether you eat fish, poultry or dairy, and we'll do the rest.

If you have a highly specialized medicinal diet, you may wish to send us your special items in advance, and we will provide storage on the rafts. Please contact us for specifics, and please plan on sending your items to us at least two weeks in advance of your trip departure. Anyone who is highly allergic to specific foods should bring an anaphylactic kit/epi pen with them.

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Special Occasions

Please let us know if you or a member of your party has a birthday, anniversary, or any special occasion while on the trip so the crew can plan something special.

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## Beverages

Canyoneers brings fresh water from Flagstaff — enough for the entire trip. (Please be sure to bring your own reusable water bottle/container; please do not bring bottled water bottles.) You will be encouraged to drink plenty of water while on the trip. Canyoneers also serves coffee, tea, juice, punch, and milk with your meals. We do not, however, supply soft drinks, beer, wine, or liquor. If you wish to purchase and bring your own, the following guidelines must be followed:

- ✓ drinks must be in cans or plastic containers only (boxed wine or bota bags are fine)
- ✓ each can or container must be marked with your initials (permanent marker or fingernail polish works best)
- ✓ replace cans in original container for transport to boat or tape 6 pack cans together to prevent separation from plastic rings during trip to the launch site.
- ✓ bring only as much as you feel you can drink during the allotted duration of your trip (there is no set limit on what can be brought, but space is limited and there are others bringing drinks also) and remember — alcohol dehydrates your body!

Note: No alcohol is allowed on the vans/bus returning to Flagstaff at the end of the trip.

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Fishing

Fishing in the Grand Canyon requires a license and the appropriate "stamps" for anyone 14 years or older, resident or non-resident, issued by the Arizona Game & Fish Department. Canyoneers requires fishing poles to collapse to a maximum of 24", the use of barbless hooks, and the use of the catch and release method. For details on licensing and regulations within the Grand Canyon, contact Arizona Game & Fish Commission, 928.774.5045 ~ www.gf.state.az.us

Money &/or Credit Cards

Money &/or credit cards should be brought (keep in a ziplock baggies) for the following reasons for payment of gratuity to the crew at the end of the trip if desired; the purchase of drinks, etc., at the canteen at Phantom Ranch - should our trip stop there and if time allows; the purchase of drinks, etc., if the van/bus should stop on the return trip to Flagstaff

At End of the Trip

At the end of the trip you will transfer your belongings into your small duffel/gym bag or a cloth laundry bag. The Canyoneers drybag is left on the boat. The extra bag can be stored at the bottom of your drybag until needed at the end of the trip. Please note that Canyoneers does not supply the duffel/gym/laundry bag. **Please NO trash bags as they tear easily in the transportation trailer.**

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### Return to Flagstaff

On the last day of your river trip you will depart from the boat(s) at Pearce Ferry on Lake Mead. You will be met by a transportation vehicle(s) to bring you back to Flagstaff. Although we make every effort to keep the scheduled itinerary, due to the nature of the activity, post trip arrival times at the take-out point and/or the hotel in Flagstaff cannot be guaranteed. Canyoneers will not be responsible for any outside costs that may be related to such a delay.

Passengers will be brought back to the Holiday Inn Express in Flagstaff. Arrival time varies but is typically between 3-5pm. However, there is no guarantee of timely return due to primitive conditions between the river exit point at Diamond Creek and Peach Springs, AZ. **We recommend you spend the night and make your return travel plans for the following day as delays can occur that would negate same day travel plans.** Reservations at the Holiday Inn Express for the night of your return may be made at the same time you make reservations for the night prior to your trip. (See motel reservation section for further information.)

Occasionally passengers ask if they can be taken to Las Vegas rather than return to Flagstaff. We do not provide that service. However, River Runners Shuttle Service (928.564.2194 or info@rrshuttleservice.com) or Larson's Van Service (702.456.4791 or www.larsonsvanservice.com) can provide shuttles to Las Vegas. Call or check website for rate information. Car shuttle service is also available through River Runners Shuttle Service.

Please note that Canyoneers does not provide car shuttle service or store/transport luggage.

**\*\* If you are going to make arrangements for transportation other than that provided by Canyoneers, please notify Canyoneers of your plans in advance. \*\***

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